

Montessori at Home: Room-by-Room Setup Guide

Kitchen

The Heart of the Home

- 1 Low shelf with child-sized dishes**
Keep a small cup, plate, and utensils on a low shelf so your child can set their own place.
- 2 Step stool at the counter**
A sturdy step stool (or learning tower) lets your child participate in food prep safely.
- 3 Accessible snack station**
Pre-portion healthy snacks in small containers your child can open independently.
- 4 Child-sized cleaning supplies**
A small broom, dustpan, and cloth so they can clean up their own spills.
- 5 Low hooks for apron**
Hang a child-sized apron at their height so they can put it on when cooking together.
- 6 Pouring station**
Keep a small pitcher of water so your child can practice pouring their own drinks.

Safety Note: Keep all sharp objects, cleaning chemicals, and hot surfaces secured. Use stove knob covers and cabinet locks for areas with dangerous items.

Montessori at Home: Room-by-Room Setup Guide

Bathroom

Building Independence

1 Step stool at the sink

A non-slip step stool so your child can wash their own hands and brush their teeth.

2 Low hooks for towel

Hang a hand towel at child height so they can dry their own hands after washing.

3 Mirror at child height

A small, unbreakable mirror so your child can see themselves during grooming routines.

4 Toothbrush holder within reach

Keep their toothbrush and toothpaste where they can access them independently.

5 Potty or seat adapter

When ready, place a child-sized potty or toilet seat adapter in a consistent spot.

6 Hamper within reach

A low hamper so your child can put dirty clothes in after bath time.

Safety Note: Never leave a child unattended near water. Secure all medications and toiletries out of reach. Use non-slip mats inside and outside the tub.

Montessori at Home: Room-by-Room Setup Guide

Bedroom

Rest & Self-Expression

1 Floor bed or low mattress

A floor-level bed allows freedom of movement and teaches body awareness for getting in and out.

2 Low clothing rack or drawers

Store a few outfit options at child height so they can choose and dress themselves.

3 Book display shelf

A front-facing book shelf at floor level so your child can see covers and choose their own books.

4 Art display space

A low bulletin board or wire with clips to display your child's artwork at their eye level.

5 Toy rotation system

Keep 5-6 toys out at a time on a low shelf. Rotate weekly to maintain interest and reduce clutter.

6 Cozy reading corner

A floor cushion or small mat with a reading lamp creates an inviting space for quiet time.

SAFETY! Safety Note: Secure all furniture to the wall to prevent tipping. Remove choking hazards for children under 3. Cover electrical outlets not in use.

Montessori at Home: Room-by-Room Setup Guide

Living Room

Shared Family Space

1 Dedicated child corner

Set up a small area with a floor mat and a few activities - this is their space within the shared room.

2 Low art supply shelf

Crayons, paper, and stickers available on a low shelf encourage spontaneous creativity.

3 Music area

A small basket with simple instruments (shaker, bells, tambourine) for musical exploration.

4 Nature table

A small tray where your child can display found items from nature walks - rocks, leaves, flowers.

5 Practical life tools

Keep a small watering can for plants and a duster for surfaces your child can reach.

6 Movement space

Keep an area clear for dancing, stretching, and active play. A balance board works well here.

SAFETY! Safety Note: Pad sharp furniture corners. Keep small objects and batteries out of reach. Secure TV and heavy items to the wall or on stable stands.